

Know the Bible Now

A Visual Intro to the Bible

Summer Sermon Series

At Home / With Friends / On My Own Reflection Guide

Week 6: July 5/8

God Provides Manna & Quail – Exodus 16

Pages 66-67 in Know the Bible Now



Step 1: reread the story covered in the sermon

Step 2: read and discuss the following questions:

1. The people of Israel had just witnessed God's deliverance from Egypt by leading them through the Red Sea. Yet, when their journey became uncomfortable, they grumbled and said it would have been better to stay in Egypt! It's easy to be baffled by this lack of faith and wonder how they could possibly long for the oppression and slavery they had just left, but let's first look at our own lives. Though Christ has delivered us from the slavery of sin, are there not times when we sinfully look back to our former ways (Proverbs 26:11)? Why do you think this is so, and how can we combat this tendency?

continued on the back

2. The Lord gives specific instructions to gather more manna before the Sabbath, so as to not require the Israelites to gather food on that day. Still, some do not listen and try to go gather it anyway, much to the displeasure of God (Ex. 16: 28-30). What does this tell us about God's view of the Sabbath, and do you think we rightly revere it today?
3. Read John 6:22-59. What connection does Jesus make between himself and this story from Exodus? Why is this important?
4. How does God provide for you every day?
5. Have you ever been in a situation where you weren't sure how you were going to make it to the next day or next week? What happened? How did you see God's hand?

Step 3: Read the Did You Know? questions on the page under the picture. How much of this information was new to you? What struck you and could impact your view of the world this week?

Step 4: Write down a phrase or thought from this story that will encourage you this week as a disciple (follower of Jesus).